



# HEALTHY Habits

Presented by LYSOL® in collaboration with NEA and National PTA

## HERE

For Healthy Schools

# CLEAN HANDS are Cool!



**STEP 1**

**STEP 1**  
Wet hands

Use warm water



**STEP 2**  
Soap it up

**STEP 3**  
Scrub, scrub, scrub!

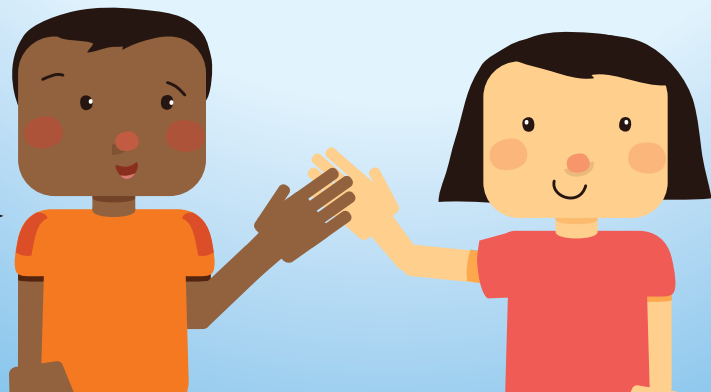
Rub hands for 20 seconds  
Hint: sing "Happy Birthday" twice OR the "ABCs"

**STEP 4**  
Rinse well

**STEP 5**  
Dry off

Use a paper towel

**FINISH**



Learn more about Healthy Habits lessons for the classroom at [www.lysol.com/healthy-classroom](http://www.lysol.com/healthy-classroom)